# KILGORE CHIROPRACTIC CLINIC

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#### **Decompression Therapy**



A Safe, Non-Surgical, Drug Free Procedure for:

- Herniated Disc
- Degenerative Disk
- Sciatica
- Radiculopathy
- Facet Syndrome
- Spinal Stenosis
- Pre / Post Surgical Patients

### **Kilgore Chiropractic Clinic**

At Kilgore Chiropractic Clinic we combine state of the art medical treatment (Spinal Decompression Therapy) and traditional chiropractic care focusing on spinal structural changes to treat the Mechanical Spinal Disorder, namely Degenerative Disc Disease and Herniated Disc Disease.

These conditions usually require surgery but at Kilgore Chiropractic Clinic we can help ease the pain without surgery by using the latest medical treatment called Spinal Decompression Treatment. For this reason, chronic and difficult neck and low back cases is what Kilgore Chiropractic Clinic is well known for successfully treating.

## **Spinal Decompression Therapy**

In the past, Doctors have been restricted to treating back problems with surgery, pain medications, physical therapy, and spinal manipulation. Complications from surgery have been shown to be expensive and risky and recovery can last for months. But thousands of lower back and neck pain patients have been successfully treated by spinal decompression therapy without surgery or injections.

#### What is Non-Surgical Spinal Decompression Therapy?

Spinal Decompression Therapy is a non-drug, non-surgical, FDA cleared treatment that helps reduce or eliminate painful herniated, degenerated and bulging discs in the lower back and neck. It's an amazing healthcare breakthrough providing an 86% success rate. The therapy is focused on decompressing the discs. When a disc is "decompressed" negative pressure is created within the disc, which allows for the re-introduction of water, oxygen, and nutrients into the disc which heals the disc from the inside out. Decompression decreases the pressure within a damaged disc allowing the disc to re-hydrate which restores the normal height to the disc and reduces the irritation associated with the damaged disc.

Spinal Decompression Therapy is administered by a state of the art FDA cleared

decompression machine.